

INTERESTED IN PEER WORK?

Take a big step
towards your
dream with this
little course...

Essentials in Peer Support

Learn how to help others!

Training for people with lived
experience of mental health
challenges

Three days of face-to-face training
and mentorship with experienced
peer workers.



PEER
4 PEER

Mental illness isn't a choice but recovery is

Would you like to be a peer worker and help others, turning your life's difficulties into something positive for others to learn from?

Do you already work as a peer worker and you would like to build on your skills and grow in confidence?

Our 3 day course will give you a solid foundation on the principles and practices of peer support.

You don't have to be "recovered" to start this journey... all you need is passion, an open mind and heart.

Our training is relaxed, fun and inspiring. We offer a safe, non-judgemental environment.

Our facilitators have lived experience of mental illness and years of peer work practice to draw from.

We look forward to meeting you!

Dates for 2024

3 x Saturdays

January 20th, 27th and

February 3rd

9:00am to 3.30pm

WHERE

Baringa Community Centre,
Baringa (West Caloundra)

COST

\$850 full fee

\$650 subsidised fee (limited spaces -
please apply on the website)

MORE INFO/HOW TO ENROL

Visit www.peer4peer.com.au

Phone: Dee on 047808882

Email: deeduffy@peer4peer.com.au