



POSITIONS VACANT

Peer Mentor / Trainee Peer Mentor

5th October 2021

Are you looking for a satisfying role with a small, friendly team of people? Peer 4 Peer is small “family-like” business on the Sunshine Coast; we provide specialist peer support for individuals with mental health challenges.

We are seeking a positive and caring person to fill our Peer Mentor position. The role is:

- Casual
- Flexible hours and days (approx. 15 hours/week)
- Based in the community (e.g. client’s homes), in and around the Sunshine Coast
- Available as a trainee role if you have no prior experience or qualifications

Your role is to support people with mental health challenges, using your own lived experience as a basis for building their recovery skills, self-esteem and confidence. Peer support is a unique profession, with a focus on the mentoring relationship that you build with your client.

The position requires some travel (using your own car) to transport clients to appointments or social activities. You are reimbursed for these expenses.

Essential attributes:

- Significant lived experience of mental health challenges/mental illness
- A positive and compassionate attitude towards helping others
- Reliable, sensible, and able to work autonomously
- Excellent communication/people skills
- Basic IT/computer skills
- A full drivers licence and use of a registered vehicle with Comprehensive Insurance.

Highly desirable attributes:

- Qualifications in Individual Support, Mental Health, Community Services, AOD or related field;
- Understanding of peer work and/or recovery-oriented practice

- Knowledge/experience of the local mental health system

Key responsibilities

- Establish rapport and a trusting relationship with your clients
- Help your clients to work towards their goals for wellbeing
- Reliably keep appointments with clients to provide 1:1 support in their homes or other places of their choosing;
- Accompany and/or drive clients to activities or on outings which align with their goals;
- Maintain appropriate boundaries with clients
- Attend to your self-care as a matter of priority

What we can offer you

- Friendly team of people
- Regular supervision for professional development and your wellbeing
- On-the-job mentoring and training
- Access to a free training program called *Essentials of Peer Support*
- Relaxed workplace culture that can accommodate diversity, disability and individual needs
- Flexible working hours and arrangements
- A chance to contribute your creativity and ideas to this quickly expanding small business, and hopeful grow with us!

If this sounds like you, please send a covering letter and your resume to:

Chris Plumridge

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